

6th
Annual!

Forest Lea Mtn Bike Enduro

**Proceeds to support
Forest Lea bike trails!**

Date: Sun. Sept. 19 2010

Time: 10:00 am

**Entry: \$30—pre-register
\$40 day of**

- Fun ride and race to gather and support local trail development!
- Race or ride at your own speed—start time 10am & 10:15 all distances
- BBQ lunch included; tailgate party to follow...BYO
- Tell all of your friends!
- Rain or shine (or snow)—it is mtn biking after all!
- Hosted by and proceeds to the Ottawa Valley Mtn Bike Association (OVMBMA)

Fastest times plus tons of draw prizes!

Sponsored by:

GEARHEADS



**10km Intro Enduro
20km Enduro (1 lap)
40km Double Enduro (2 laps)**

Categories:

Junior (3km), High School Junior & HS Senior (10 km)
10, 20, 40km under 40/over 40 Men and Women

Pre-registration info:

See: www.ovmba.blogspot.com

Day of register 9am Forest Lea (\$40)

Sign in: closes at 9:30am



**Location: Forest Lea Trails,
5 km South of Hwy 17 on
Forest Lea Rd.**

**Contact Gearheads for more
info: (613) 687-4624**

**Mtn biking can be dangerous—all
riders must wear a helmet, have an
appropriate bike, and take
responsibility for their own safety!
Enduro participants will be required
to sign a waiver form.**